

# FUEL EX SUSPENSION SETUP GUIDE

	Fuel EX 5				Fuel EX6				Fuel EX7			
Travel	120mm				120mm				120mm			
Shock stroke	50mm				50mm				50mm			
Shock Sag %	25-30% - sitting on bike				25-30% - sitting on bike				25-30% - sitting on bike			
Fork Sag %	20-25% - standing on bike				20-25% - standing on bike				20-25% - standing on bike			
	Tora SL Coil		Float RP2		Recon SL Solo Air		Float RP2		32 F-Series RL		Float RP2 XV	
Rider Weight	Spring	Reb	Spring	Reb	Spring	Reb	Spring	Reb	Spring	Reb	Spring	Reb
100lbs	XXLT		50		70		50		50		50	
110lbs	XXLT		60	7	75		60	7			60	7
120lbs	XXLT / XLT	12	70		80	12	70		55	12	70	
130lbs	XLT		80		85		80				80	
140lbs	XLT / LT		90	6	90		90	6	60	11	90	6
150lbs	LT	11	100		95	11	100				100	
160lbs	LT / MD		110		100		110		65	10	110	
170lbs	MD		120	5	105		120	5	70		120	5
180lbs	MD / FM	10	130		110	10	130		75		130	
190lbs	FM		140		115		140		80	9	140	
200lbs	FM / XF		145	4	120		145	4	85		145	4
210lbs	XF	9	155		125	9	155		90		155	
220lbs	XF		165		130		165		95	8	165	
230lbs	XF	8	175	3	135	8	175	3	100		175	3
240lbs	XF		185		140		185		110		185	
250lbs	XF	7	195	2	145	7	195	2	120	7	195	2

## Follow these steps to optimize the performance of your Trek Full Suspension Mountain Bike:

1. Determine rider weight (individual weight plus riding gear).
2. Adjust rebound and low speed compression settings if applicable as indicated in chart. Turn Pro Pedal off.
3. Being sure to thread the pump head completely on to the valve. Apply pressure as indicated in the chart. Remove pump.
4. Install Trek Sag Meter.
5. Compress the shock 2-3 times.  
*Note: this step is vital for proper DRCV setup.*
6. If adjusting fork, stand on the pedals. If adjusting shock, remain seated.
7. Slide the o-ring to the top of the shock shaft.
8. Dismount bike.
9. If o-ring falls within sag meter's window, or if o-ring is within recommended sag measurement, you're ready to ride.
10. If the o-ring falls outside of that window, or is greater or less than recommended measurement, add or subtract pressure as needed.

# FUEL EX SUSPENSION SETUP GUIDE

	Fuel EX 8, 9,8				Fuel EX 9, 9,9				
Travel	120mm				120mm				
Shock stroke	50mm				50mm				
Shock Sag %	25-30% - sitting on bike				25-30% - sitting on bike				
Fork Sag %	20-25% - standing on bike				20-25% - standing on bike				
	32 F-Series FIT RL		Fuel EX 8 DRCV RP23 Fuel EX 9.8 DRCV RP2		32 F-Series FIT RLC			DRCV RP23 Boost Valve	
Rider Weight	Spring	Reb	Spring	Reb	Spring	Reb	LS Comp	Spring	Reb
100lbs	50		105		50			105	
110lbs			115	7				115	7
120lbs	55	12	125		55	12		125	
130lbs			135					135	
140lbs	60	11	145	6	60	11	8 out	145	6
150lbs			155					155	
160lbs	65	10	165		65	10		165	
170lbs	70		175	5	70		7 out	175	5
180lbs	75		185		75			185	
190lbs	80	9	195		80	9		195	
200lbs	85		205	4	85		6 out	205	4
210lbs	90		215		90			215	
220lbs	95	8	225		95	8		225	
230lbs	100		235	3	100		5 out	235	3
240lbs	110		245		110			245	
250lbs	120	7	255	2	120	7	4 out	255	2

## Follow these steps to optimize the performance of your Trek Full Suspension Mountain Bike:

1. Determine rider weight (individual weight plus riding gear).
2. Adjust rebound and low speed compression settings if applicable as indicated in chart. Turn Pro Pedal off.
3. Being sure to thread the pump head completely on to the valve. Apply pressure as indicated in the chart. Remove pump.
4. Install Trek Sag Meter.
5. Compress the shock 2-3 times.  
*Note: this step is vital for proper DRCV setup.*
6. If adjusting fork, stand on the pedals. If adjusting shock, remain seated.
7. Slide the o-ring to the top of the shock shaft.
8. Dismount bike.
9. If o-ring falls within sag meter's window, or if o-ring is within recommended sag measurement, you're ready to ride.
10. If the o-ring falls outside of that window, or is greater or less than recommended measurement, add or subtract pressure as needed.  
*Note: be sure to cycle shock 2-3 times after any pressure adjustment*