



REMEDY SUSPENSION SETUP GUIDE

	Remedy 7, 8, 9.8, 9.9				
Travel	150mm				
Shock stroke	56mm				
Shock Sag %	25-35% - sitting on bike				
Fork Sag %	20-25% - standing on bike				
	Remedy 7 - 32 Float RL Remedy 8 - 32 TALAS RL Remedy 9.8 - 32 TALAS FIT RL Remedy 9.9 - 32 TALAS FIT RLC			Remedy 7, 8, 9.8 - DRCV RP2 Remedy 9.9 - DRCV RP23 Boost Valve	
Rider Weight	Spring	Reb	Remedy 9.9 LS Comp	Spring	Reb
100lbs	50	14	8 out	110	7
110lbs	55			120	
120lbs	60			130	
130lbs	65			140	
140lbs	70	12	7 out	150	6
150lbs	75			160	
160lbs	80			170	
170lbs	85	10	6 out	180	5
180lbs	90			190	
190lbs	95			200	
200lbs	100			210	
210lbs	105	9	5 out	220	4
220lbs	110			230	
230lbs	115			240	
240lbs	120	8	4 out	250	3
250lbs	130			260	

Follow these steps to optimize the performance of your Trek Full Suspension Mountain Bike:

1. Determine rider weight (individual weight plus riding gear).
2. Adjust rebound and low speed compression settings if applicable as indicated in chart. Turn Pro Pedal off.
3. Being sure to thread the pump head completely on to the valve. Apply pressure as indicated in the chart. Remove pump.
4. Install Trek Sag Meter.
5. Compress the shock 2-3 times.
Note: this step is vital for proper DRCV setup.
6. If adjusting fork, stand on the pedals. If adjusting shock, remain seated.
7. Slide the o-ring to the top of the shock shaft.
8. Dismount bike.
9. If o-ring falls within sag meter's window, or if o-ring is within recommended sag measurement, you're ready to ride.
10. If the o-ring falls outside of that window, or is greater or less than recommended measurement, add or subtract pressure as needed.

Note: be sure to cycle shock 2-3 times after any pressure adjustment